



The Ellsworth High School Alumni Association

Post Office Box 11 • Ellsworth, Maine 04605-0011
207/667-2286 • ehsaa.me@gmail.com • www.ellsworthalumni.org

August 5, 2018
FOR IMMEDIATE RELEASE

5K Run and 1-mile Family Fun Walk

Saturday, August 18, 2018

Ellsworth High School Cross Country Course

299 State Street - Ellsworth

Race-day Registration begins at **8:00 am**

Race and Walk begin at **9:00 am**

Adults: \$20 EHS Students and ages 5-14: \$8 Under 5: Free

Free t-shirts to first 20 registrants

Preregister on or before August 11 to select t-shirt size

FMI or to Pre-Register

Amanda Robbins: arobbins@infinexgroup.com

Chelsea Sawyer: csawyer@barharbor.bank

Awards for 5K: male and female 30 and over, 1st and 2nd place
male and female 29 and under, 1st and 2nd place

All participants may enter the raffle.

Name: _____ Age: _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

5K Run 1 Mile Family Fun Walk T-Shirt Size: S M L XL

Race Waiver and Release I am a voluntary participant in this race and in good physical condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during participation in this event or while on the premises of this event. I hereby release and hold harmless and covenant not to file suit against the organizers, sponsors, workers and any other person or entities associated with this event.

Signature: _____ Date: _____

Parent or guardian signature (if under age 18): _____

Make checks payable to "EHSAA"

Mail to: EHSAA - P.O. Box 11 - Ellsworth, ME 04605-0011

*The Ellsworth High School Alumni Association is a registered 501(c)(3) organization #01-0517798.
All proceeds benefit the Association's Scholarship Endowment.*